

CURRICULUM VITAE

Name: Karen L. Laugel, M.D., F.A.A.P.

Office Address: Ivy Brook Medical Center
2 Ivy Brook Road, Suite 213, Shelton, CT 06484

Professional Activity: Founder, PediCare: Pediatric Care Associates of Connecticut, Shelton, CT, 3/1988 to 3/2016

Medical Director and Founder, HeadZone, LLC: Concussion Care, A comprehensive medical facility providing concussion education, screening, and post-injury care; Shelton, CT, 4/2012 to present

Assistant Clinical Professor, Quinnipiac University Medical School, 2014-present

Chair, Connecticut American Academy of Pediatrics
TBI-‘Return to Learn’ Initiative, 2013-present

President and Founder, ConcussionCORPS: A non-profit community outreach program for concussion education and prevention; Shelton, CT, 2013-present

Medical Director and Founder, Pedi-Care, Pediatric Acute Care After-Hours Walk-in Center, Stratford, CT, 1988-1991

Pediatrician, Watertown Pediatric Associates, Watertown, CT, 1984-1987

Pediatric Emergency Physician, St. Mary’s Hospital
Emergency Department, Waterbury, CT, 1983-1987

Undergraduate Education: University of Nebraska, Lincoln, NE
B.S., 1976

Graduate Education: Howard University Medical School, Washington, D.C., M.D.
degree, 1981

Postgraduate Education: Waterbury Hospital/University of Connecticut,
Internship and Residency, Pediatrics, 1981-1984;
Chief Resident, 1983-1984

Board Certification: Pediatrics, 1989, MOC: 1989, 1997, 2004, 2013

Professional Organizations: Member, American Medical Association, 1977-present

Fellow, American Academy of Pediatrics (AAP), 1989-present

Board Member, Brain Injury Alliance of Connecticut, 2014

Board Member, Connecticut Traumatic Brain Injury Advisory Board, 2014 to present

Board Member, Children's Safety Network Community of Practice for Prevention of Traumatic Brain Injury, 2013-present

Member, Connecticut Concussion Task Force, 2011-present

Member, Connecticut Chapter AAP, 1984-present

- Chair, TBI-RTL Initiative, 2013-present
- School Health Committee, 2013-present

Member, Connecticut State Medical Society (CSMS)

- Co-Chair, Elizabeth Blackwell Women's Section, 2016-present
- Ethical and Judicial Affairs Committee, 2005-2009
- Legislative Committee, 2000-2005

Member, Fairfield County Medical Association (FCMA), 1988-present

- Secretary, Board of Trustees, 2000-2004
- Delegate to CSMS, 2000-2004, 2008-2010
- Associate Councilor to CSMS, 2000-2005
- Member, Board of Censors, 2000-2004
- Chairman, Media and Community Relations Committee, 2000-2001
- Member, Legislative Committee, 2000-2001

Hospital Affiliations:

Bridgeport Hospital, 267 Grant St., Bridgeport, CT
Active Medical Staff, Senior Attending Physician,
Department of Pediatrics, 1988 – present

- Member, Medical Staff Executive Committee, 2009-2011

Yale Children's Hospital, 2 Park St., New Haven, CT
Active Medical Staff, Senior Attending Physician,
2011 - present

Community Service:

Concussion Education:

- ConcussionCORPS, Inc.: initiated a non-profit community outreach program for concussion education and prevention; 2013 to present; and CHIRP: Children's Head Injury Reporting Program, 2015 to present
- Return to Learn Working Group: initiated Working Group to unite the medical and educational communities in developing a state model for transitioning children with TBI back to school, July 2013-present
- Quinnipiac Medical School Capstone Mentor: provided mentorship program for medical students in concussion recovery management, education, and research, August 2013-present
- Connecticut Concussion Task Force Member: developed medical and academic protocols for statewide standards in concussion management for children and adolescents, October 2011-present
- Community Educator, November 2011-present, presentations on concussion management and 'Return to Learn' to medical professionals, schools, and athletic organizations throughout the state (e.g. ACES School Nursing Supervisors 2013, Association of School Nurses of CT 2013, BIAC Annual Conference 2014, Bridgeport High Schools Coaches Concussion Education 2014, Cheshire High School Staff Development 2014, CT American Academy of Pediatrics (Seminar, Webinar, and Annual Conference 2014), CT Association of School Based Health Centers 2015 & 2016, CT Physical Therapy Association 2015; CT School Counselors Association 2014, CT State Medical Society Concussion Conference 2015, CT Youth Hockey Association Coaches Concussion Certification Seminars 2012-2014, Fairfield Schools Staff Development 2014, Hamden Hall Staff Development and Eighth Grade Classes 2013-present; Lawrence and Memorial Hospital 2015, Mead Johnson Sponsored Physician Dinner Seminars 2013-2014, Naugatuck High School Staff Development 2016; Naugatuck High School Concussion Management Team Building 2016; New England School Nurse Conference 2016, Nike Coach of the Year Annual Conference 2015, Sacred Heart University Continuing Nurses Education 2014, Sacred Heart University Physical Therapy Program 2016, School Based Health Clinics Annual Conference, 2015, 2016; School Nurse Supervisor Regional Conference 2014, Stratford Public Schools Staff Development 2016, Trumbull High School Staff Development 2015, West Haven High School Coaches Annual Concussion Education 2013-2015, West Haven High School Staff Development 2015; Windsor High School Staff Development 2014)

- Bridgeport Hospital Emergency Department: initiated and drafted emergency department protocol for pediatric concussion management, May 2011; Griffin Hospital Emergency Department Seminar, 2013
- Rehabilitation Associates (Fairfield, Milford, Shelton, Stratford): initiated standards of care for pediatric concussion management, June 2011
- SAC Field Evaluation: created concussion assessment pads for coaches and athletic trainers, distributed to Shelton National Little League, Stratford Pop Warner, and Greater Bridgeport Junior Hockey Association, July 2011
- Greater Bridgeport Junior Hockey Association: revised the GBJHA concussion management protocol; currently active as their concussion care consultant, September 2011 to present
- Media Education: presentations on concussion management: Channel 8 TV News October 28, 2011; Cable Television News, November 2011

Citizens for Patients' Rights (CPR), President and Founder, Non-profit national patient advocacy organization, 1999-2003

Partners in Education (PIE), Amity Regional School System collaborative for career exploration and education, 1999 to 2009

Health Careers Mentor: Stratford and Woodbridge public school systems, 2000-2012

Community Health Educator: public school districts of Shelton, Stratford, Waterbury, Watertown and Woodbridge, 1984-2012

Preschool/Daycare Pediatric Medical Consultant, Stratford, CT 1988 – 2011

Pediatric Care, Well Child Care Clinics, Waterbury, CT, 1984-1987

Patient Educator, American Cancer Society, Washington, D.C., 1976-1977

Honors/Awards:

American Medical Association Emerging Leader, 2001

Distinguished Physician, Fairfield County Medical Association, 2002