

Build Your School's Concussion Management Team

Online at: <http://concussioncorps.org/partnering-with-shools/>

- 1) Adopt school concussion management policy and post on website
 - BRAIN 101: http://orcas-sportsconc2.s3.amazonaws.com/files/A_CMTHandbook.pdf
 - REAP: http://www.concussiontreatment.com/images/REAP_Program.pdf
 - Westport Public Schools (CT): Two Documents: General School Policy and Parent/Student Policy: <http://concussioncorps.org/partnering-with-schools/>
- 2) Form your Concussion Management Team
 - BRAIN 101: http://orcas-sportsconc2.s3.amazonaws.com/files/h_cmt_packet.pdf
 - REAP: http://www.concussiontreatment.com/images/REAP_Program.pdf
- 3) Post educational links on website
 - CDC: www.CDC.gov/headsup or individual fact sheets (link here)
 - Brain 101: <http://brain101.orcasinc.com/>
- 4) School Policy requires that Physician notify school nurse of child's injury upon re-entry: **(Form A)**
- 5) School confirms receipt of parental permission to share information: **(Form B)**
- 6) Nurse emails Academic Monitor and all teachers/gym/athletics/substitutes
- 7) Teachers immediately designate which assignments will need to be made up, which will be graded, and which will not be graded (daily/weekly basis): **(Form F)**; may include:
 - Assignments are reduced to core concepts
 - Audio books are suggested if available (free Public Library audiobooks on "Overdrive")
 - Math is reduced to every other problem if possible
- 8) Academic monitor checks in with child while at home and relays class requirements to student
- 9) Upon school re-entry, child and parent meet first with nurse
 - If initial "RTS Guidelines" have not been provided by physician, then nurse faxes form to physician, as per school policy: **(Form A)**
 - Nurse determines if the physician needs to send any permission forms for medication
 - Nurse does initial intake: symptom score **(Forms C, D, E)**: measure convergence; tandem stance <http://concussioncorps.org/wp-content/uploads/2013/11/PED-ANNALS-MED-MNGT.pdf> and King Devick <http://kingdevicktest.com/for-concussions/>
 - Nurse relays information to Academic Monitor
- 10) Nurse re-evaluates student within 1-2 days of re-entry; then again at end of first week
- 11) Academic monitor checks with teachers within 1-2 days of re-entry; then again at end of first week **(Form I)**
- 12) Nurse and Academic monitors meet within 1-2 days of re-entry, consult with physician, and make any necessary adjustments to school environment and academic plan; repeat at end of first week, and then weekly through recovery
 - Webinars and Online Training for Educators (academic adjustments for children with mTBI) <http://www.brainsteps.net/>
- 13) Nurse sends physician weekly progress notes **(Form G)**; physician sends nurse follow-ups of visits **(Form H when cleared)**
- 14) Aerobic activities (therapeutic exercise) when allowed by physician
- 15) If student has not recovered within 1 month, school team meets to evaluate for more detailed academic adjustments or modifications (504 or IEP)
 - COLORADO DEPARTMENT OF EDUCATION BRAIN INJURY MANUAL: https://www.cde.state.co.us/cdesped/tbi_manual_braininjury

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Who's On Your Team?

- Free help with “Concussion Management Team Building” for schools.
- We send a medical team to your school to work “hands-on” with your school team.
- How to evaluate the injury and pace a child through recovery.
- Establish policy, communication patterns, proper documentation.

Done in a day!

Contact Dr. Laugel at 203-538-5400 or email Laugel@ConcussionCORPS.org

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Connecticut Chapter

Concussion
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More than a Game